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The tables below indicate grading of LVH as determined by the ASE.

Note: these numbers are for adult men and women.

Pediatric echocardiographers use Z-scores for echocardiographic quantification.

Degree of LVH	Septal wall thickness (men)	Septal wall thickness (women)
Normal	6-10 mm	6-9 mm
Mild LVH	11-13 mm	10-12 mm
Moderate LVH	14-16 mm	13-15 mm
Severe LVH	≥17 mm	≥16 mm

Degree of LVH	Inferolateral wall thickness (men)	Inferolateral wall thickness (women)
Normal	6-10 mm	6-9 mm
Mild LVH	11-13 mm	10-12 mm
Moderate LVH	14-16 mm	13-15 mm
Severe LVH	≥17 mm	≥16mm

LV = left ventricle

LVH = left ventricle hypertrophy

Post = posterior = Inferolateral wall

ASE = American Society of Echocardiography

Reference:

1.Lang et al. Recommendations for Chamber Quantification: A Report from the American Society of Echocardiography's Guidelines and Standards Committee and the Chamber Quantification Writing Group, Developed in Conjunction with the European Association of Echocardiography, a Branch of the European Society of Cardiology

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